



To:

President / Secretary
State Masters Athletic Associations
and
All MMAA Members

Dear Sir / Madam,
Greetings from MMAA!

NEW YEAR GREETINGS !

First let me wish you all on behalf of the Patron, and all Council Members of MMAA
A very **HAPPY AND PROSPEROUS NEW YEAR!**

2. MMAA has always organised annual activities every year and some special programs from time to time to all our members and master athletes in Malaysia .

In the year 2019, we have organised :

- 33rd Malaysian International Open Masters Athletics Championships
- Technical Seminar for Technical Officials in Sarawak
- Briefing for Senior Technical Officials in West Malaysia
- 21st AMAC Torch Run
- 21st Asia Masters Athletics Championships

Our masters activities attract a big number of master athletes from many Asian countries and outside Asia Region.

3. CONGRATULATIONS TO MALAYSIAN CONTINGENT!

In the 21st AMAC, 319 Malaysian master athletes registered to participate. MMAA would like to congratulate the Malaysian Contingent for winning :
26 Gold , 39 Silver and 53 Bronze medals. Total medals : **118**
This is the highest performance by Malaysian contingent in AMA Championships.

Malaysian athlete - **Juliana Gumpil** has set 2 new Championships records.
We wish congratulations and kudos to all the athletes for participating with good sportsmanship spirit. Keep up the good performance!

This time around, MMAA managed to provide Track suit, Wind breaker, T Shirt, 2 Vests, shorts, bag, cap, collar pin, souvenir program, Athletes Handbook to all master athletes who registered to participate.

There were a few non members who registered were also provided with Track suit, 2 vests, and shorts.

4. PARTICIPATION IN INVITATIONAL MEETS

Many of our master athletes participated in invitational meets in Thailand, Brunei, Hong Kong, Indonesia etc. This is a good way to keep healthy, fit and socially active.

Reminder:

4.1 Please make sure the registration for any masters meet must be done through proper channel, that is through MMAA, as required in the constitution/competition rules.

4.2 All Malaysian master athletes when participating in other countries MUST enter as Malaysian athletes and not as any particular state athletes. We should be proud to be called as Malaysians !

5. MMAA OFFICERS IN ASIA MASTERS COUNCIL

We are glad to inform that the following MMAA officers have been appointed / elected to hold the following posts in Asia Masters Athletics (AMA):

<i>Datuk Seri (Dr) V. Pulainthiran</i>	- appointed as the Hon. President
<i>Mr. S. Sivapragasam</i>	- elected unopposed as the General Secretary
<i>Miss R. Kalaivalli</i>	- elected unopposed as Women's Chairman

6. MMAA ACTIVITIES IN 2020

MMAA has decided to organise the following activities for the benefit of master athletes in Malaysia in 2020:

- 1. Management Course**
 - April 2020 (for masters management committee members)
- 2. Masters Carnival**
 - July 2020 (for all master athletes)
- 3. 34th MIOMAC**
 - November 2020 (for all master athletes)

4. Participation in the WMA and other masters athletics championships

MMAA Council takes this opportunity to again wish all our master athletes happy and prosperous New Year!

We hope the year 2020 also will be another successful year for all of us. Let us all work together, give full supports and cooperation to all masters activities.

Let us be happy and make others happy. Hope Peace will prevail in our hearts and in our beautiful world.

Best regards.

S. Sivapragasam, AMW
President MMAA
31st December 2019