

**38TH MIOMAC 2026**  
**5 JUNE 2025 (FRIDAY)**  
**DAY 1**

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
0800	101	2000m Walk (W35-44)	WOMEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		<b>W35-39</b>			
1	W3508	LIANA BT RAMLI	Selangor Mast		
2	W3513	JOYCIE BUDIMAN	Lion Masters P'ng		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
0800	101	2000m Walk (W35-44)	WOMEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		<b>W40-44</b>			
1	W4003	KALYANI NYAMATHI GOWDRU	South India Mast		
2	W4015	FATIN FARAH IZZATI BT MASAAT	WP		
3	W4004	UMA SOMANNA MYSORE	South India Mast		
4	W4016	MICHELE TAN BEE KIANG	Selangor Mast		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
0820	102	Long Jump (W65 and above)	WOMEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		<b>W65-69</b>			
1	W6506	LUCY YONG	SAMAS		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
0820	102	Long Jump (W65 and above)	WOMEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		<b>W70-74</b>			
1	W7001	PRATIBHA PARKASH PARNERKAP	South India Mast		
2	W7004	JENTUNIS @ CHRISTINA LABANJING	SAMAS		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
0820	102	Long Jump (W65 and above)	WOMEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		<b>W75-79</b>			
		<b>NO PARTICIPANTS</b>			

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
0820	103	Discus 1 Kg (M70-and above)	MEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		<b>M70-74</b>			
1	M7003	GOURI SANKAR GEDELA	South India Mast		
2	M7006	TARMIZI SHANDU	SAMAS		
3	M7018	NADARAJAH M. PERIAYAH	FITMA		
4	M7022	NARAYANAN NAIR A/L SUNGONI NAIR	NS Mast		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
0820	103	Discus 1 Kg (M70-and above)	MEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		<b>M75-79</b>			
1	M7506	PILAH @ ONDOG B KISANG	SAMAS		
2	M7501	MARK ALEXANDER POWELL	New Zealand		
3	M7503	JAMES LEE FOOK MUN	N Sembilan		
4	M7523	VIMALASINGAM V. SARANAMUTHU	FITMA		
5	M7504	SUING @ SYLVESTER KUIL	SAMAS		
6	M7507	CHAN KENG LIN	S'pore Mast Ath		
7	M7519	RAMALINGAM VERASAMY	FITMA		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
0820	103	Discus 1 Kg (M70-and above)	MEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		<b>M80-84</b>			
1	M8001	DR PURUSHOTHAMAN ANANTHAM	Kuala Lumpur		
2	M8002	EDUEH TOTIMOH @ BONAVENTURE	SAMAS		
3	M8007	NALLIAH A/L RAMASAMY	NS Mast		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
0820	103	Discus 1 Kg (M70-and above)	MEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		<b>M85 and above</b>			
		<b>NO PARTICIPANTS</b>			

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
0820	104	2000m Walk (W45-54)	WOMEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		<b>W45-49</b>			
1	W4503	RATHNA RAJEESH KALAVAR	South India Mast		
2	W4504	TEOH TIENG TIENG	Lion Masters P'ng		
3	W4514	NURUL AZWA BT AHMAD	Perak Mast		
4	W4515	LEGAH MEYYAPPAN	FITMA		
5	W4516	KULWINDER KAUR	India		
6	W4519	KALIAMAHA A/P MANIAN	KL Masters		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
0820	104	2000m Walk (W45-54)	WOMEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		<b>W50-54</b>			
1	W5003	TIFFANY SOH BENG CHU	Selangor Mast		
2	W5004	SUJATA SAKAR	South India Mast		
3	W5015	VICKNESWARY TAUMAN	Selangor		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
0840	105	2000m Walk (W55-64)	WOMEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		<b>W55-59</b>			
1	W5502	TAN GEOK HONG	Lion Masters P'ng		
2	W5503	CHAN YEN CHING	PDRM (V)		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
0840	105	2000m Walk (W55-64)	WOMEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		<b>W60-64</b>			
1	W6002	BELINDA TING YEW KING	Selangor Mast		
2	W6013	AMALIA MARQUEZ BARCOMA	FITMA		
3	W6009	RAINEH @ TAMBI SAWAN	SAMAS		
4	W6017	GOH KIM HONG (MAGGIE)	Selangor Mast		
5	W6012	YOGESWARI A/P S KATHIRVELOO	Jets		
6	W6019	TAN CHEOW YUM	Selangor Mast		
7	W6015	SINNAMAH GOLLABANGARU	FITMA		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
0910	106	2000m Walk (W65 and above)	WOMEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		<b>W65-69</b>			
1	W6501	NUR' AISHAH BT ABDULLAH	Selangor Mast		
2	W6503	JOUTI @ VIRONICA BT ELAU	SAMAS		
3	W6508	JOANNE FOO	Perak Mast		
4	W6509	WENDY SOO YUET PING	FITMA		
5	W6512	VEMALA THEVY AP PERIASAMY	Selangor Mast		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
0910	106	2000m Walk (W65 and above)	WOMEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		<b>W70-74</b>			
1	W7010	BANUMATHY SUNDARAM	Selangor Mast		
2	W7005	KIMIH @ FLORENCE MONJITOL	SAMAS		
3	W7001	PRATIBHA PARKASH PARNERKAR	South India Mast		
4	W7013	SOUNTHARI A/P. MG RAJAGOPAL	Selangor Mast		
5	W7007	HIEW NYUK KYAU @ SUSANNA	SAMAS		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
0910	106	2000m Walk (W65 and above)	WOMEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		<b>W75-79</b>			
1	W7502	CHOO MUI KHENG (KATHERINE)	S'pore Mast Ath		
2	W7503	PETCHAY KANDASAMY	S'pore Mast Ath		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
0910	106	2000m Walk (W65 and above)	WOMEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		<b>W80-44</b>			
		<b>NO PARTICIPANTS</b>			

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
0920	107	Long Jump (W55-64)	WOMEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		<b>W55-59</b>			
1	W5504	NOORAILEYSHAH @ MAITEH SADIMAN	SAMAS		
2	W5506	MARGARET PETRUS	SAMAS		
3	W5515	NOR RIZAH BT ISHAK	M'ca Masters		
4	W5508	ROSECY LEE ONONG	SAMAS		
5	W5509	JOMYTA BT ELON	SAMAS		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
0920	107	Long Jump (W55-64)	WOMEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		<b>W60-64</b>			
1	W6001	ROSELINA BAKAR	Selangor Mast		
2	W6006	JULIANA GUMPIL	SAMAS		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
0920	108	Discus 1.5 Kg (M55-69)	MEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		<b>M55-59</b>			
1	M5517	NAGARAJAN A/L RAMASAMY	Perak Mast		
2	M5504	MUHAMMAD YASSIR B ABDULLAH	Johor Mast		
3	M5526	IBRAHIM B AB WAHAB	M'ca Masters		
4	M5509	RONNY JUSTINE	SAMAS		
5	M5513	ABDUL RAHIM B. ABDUL HAMID	Perak Mast		
6	M5527	LIAW FUN MIN	M'ca Masters		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
0920	108	Discus 1 Kg (M55-69)	MEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		<b>M60-64</b>			
1	M6016	LEONARD GEORGE WILLON	SAMAS		
2	M6009	HJ SIRRAJUDIN B HJ GHANI	PDRM (V)		
3	M6037	MAULANI DIMAN	Unisel		
4	M6022	V JOTHEE A/L KOBAL VEERIAH	Jets		
5	M6033	GUNASAEGARAN NARASAPAN	FITMA		
6	M6035	KOLANDA KAVANDAN A/L RAMASAMY	NS Mast		
7	M6014	RICHARD TIMBANGAN	SAMAS		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
0920	108	Discus (1 Kg) (M55-69)	MEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		<b>M65-69</b>			
1	M6525	KRISHNASAMY KARUPPIAH	FITMA		
2	M6504	MOHD MANSHAHAR B ABD JALIL	Selangor Mast		
3	M6506	JUAN VILLA	Philippines		
4	M6524	JAYARAMAN NAGAMUTHU	FITMA		
5	M6513	JOLLY B MAJALAP @ LUCUNDUS HARRY	SAMAS		
6	M6529	TAMIL KODI A/L KANESON	NS Mast		
7	M6527	THAMILARASU RATHINAM	FITMA		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
0940	109	800m (M35-39)	MEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
2	M3510	WAN KAR LEONG	Kuala Lumpur		
3	M3512	BALJEET SINGH	India		
4	M3502	JACOB OLIVER FEHILY	United Kingdom		
5	M3516	MOHD FAHMI B BHRIN	NS Mast		
6	M3519	MOHAMAD FURQAN B	M'ca Masters		
7	M3525	FOONG TZE YUEH	BA Sek Foon Yew		
8	M3528	MOHAMED RASHEED	Maldives		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
0950	110	800m (M40-44)	MEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
3	M4006	GOH JING JING	SAMAS		
4	M4018	SARAVANAN A/L ELAGAMUROM	Perak Mast		
5	M4024	YAAKOB B IDRIS	P'ng Mast		
6	M4030	KEN WONG KAH KEAN	Selangor		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
1000	111	800m (M45-49)	MEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
3	M4528	ABDUL AZIZ B MAHAMOUD	KL Masters		
4	M4508	NG TEE CHUAN	Lion Masters P'ng		
5	M4524	ONN CHIANG HAI	M'ca Masters		
6	M4527	KRISHNA KUMAR A/L JAYARAM	KL Masters		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
1020	112	Long Jump (W45-54)	WOMEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		<b>W45-49</b>			
1	W4506	LIEW MEI PING @ JESSY	SAMAS		
2	W4510	DR LAILATUL MOHAINY BT MOHD	Perak Mast		
3	W4507	RUZINA BT ELUK	SAMAS		
4	W4508	NELLY BT MAIKAL	SAMAS		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
1020	112	Long Jump (W45-54)	WOMEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		<b>W50-54</b>			
1	W5005	THANUJAKSHI KIDOOR	South India Mast		
2	W5006	LAURA BT DOSUI	SAMAS		
3	W5008	ALMAWATI KASSIM	Perak Mast		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
1020	113	Discus 2.0 Kg (M40-54)	MEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		<b>M40-44</b>			
1	M4002	DANNYZ TAN	Selangor Mast		
2	M4025	UPINDERBIR SINGH	India		
3	M4026	MUVIN B ABD WAHAB	M'ca Masters		
4	M4032	HASSAN SHAMOOM	Maldives		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
1020	113	Discus 1.5 Kg (M40-54)	MEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		<b>M45-49</b>			
1	M4506	RAJESH SHETTY	South India Mast		
2	M4502	AHMAD SHAH WAHID	SAMAS		
3	M4520	KANG SENG YIAK	P'ng Mast		
4	M4505	MULLUR DASIAH NAGENDRA	South India Mast		
5	M4512	NAVIN MOHAN RAJES	Selangor Mast		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
1020	113	Discus 1.5 Kg (M40-54)	MEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		<b>M50-54</b>			
1	M5038	ABDUL GHANI B YAHAYA	PDRM		
2	M5001	SIEW HANN WEN	Selangor Mast		
3	M5005	GANAPATI JAKATI	South India Mast		
4	M5011	MOHAMAD EDIR B DIN	S'pore Mast Ath		
5	M5023	NORZAMSHURI B RAMLI	NS Mast		
6	M5033	KOK SHEY HONG	BA Sek Foon Yew		
7	M5037	ABDUL AZIZ B MOHAMED ZULKIFLI	PDRM		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
1020	114	800m (M50-54)	MEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
3	M5015	MUHAMMAD SUHAIMI B IDRIS	Perak Mast		
4	M5018	THANARAJ SHANMUGAM	Perak Mast		
5	M5027	S DIVAGARAN A/L SUBRAMANIAM	KL Masters		
6	M5019	ZAINAL B ISMAIL	Perak Mast		
7	M5020	ZAINURI B ABD AZIZ	Perak Mast		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
1030	115	800m (M55-59)	MEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
1	M5520	THANARAJ A/L KRISHNAN PERUMAL AMN	Perak Mast		
2	M5505	SUBRAMANIAM KUMARASAMY	Johor Mast		
3	M5508	RAJAN A/L SUPPIAH	Jets		
4	M5518	SANTHERAN VELOO	Perak Mast		
5	M5503	LAURENCE SEBASTIAN	Selangor Mast		
6	M5519	SHANMUGANATHAN A/L RATANAM	Perak Mast		
7	M5501	TERENCE ONG	Selangor Mast		
8	M5529	SIVAN A/L RATNASAMY	KL Masters		
9	M5532	MUHAMMAD YASSIR B ABDULLAH	Johor Mast		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
1040	116	800m (M60-64)	MEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
1	M6024	ARUMUGAM SUBRAMANIAN	Perak Mast		
2	M6006	BOOPATHY RAMASAMY	Johor Mast		
3	M6021	SUBRAMANIAM A/L KRISHNAN	Selangor Mast		
4	M6040	ARJUNAN A/L MARIMUTHU	Pahang Mast		
5	M6027	KHOR KIM EN	Perak Mast		
6	M6034	PADMANATHASIVAN A/L KAILASAM	NS Mast		
7	M6036	SUBRAMANIAM A/L VPOOMINATHAN	KL Masters		
8	M6010	LEONG BEE VOON	PDRM (V)		
9	M6026	DR J.THAMOTHARAN S.JEYARAMAN	Perak Mast		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
1050	117	800m (M65 and above)	MEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		<b>M65-69</b>			
2	M6528	RAJASEGARAN A/L KANNEN	NS Mast		
3	M6521	KANESAN A/L SUNNAMUTHU	Perak Mast		
4	M6515	AT LINGAM AYARU	S'pore Mast Ath		
5	M6518	FRANCIS AROKIASAMY	N Sembilan		
6	M6526	SUNDARARAJU SUPPAN	FITMA		
7	M6522	KRISHNASAMY A/L CHAPPANIMUTHU	Perak Mast		
8	M6536	ALI AHMED	Maldives		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
1050	117	800m (M65 and above)	MEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		<b>M70-74</b>			
1	M7001	CHUA SOON HUAT (VINCENT)	S'pore Mast Ath		
2	M7019	RAMAKRISHNAN A/L MANIKAM	NS Mast		
3	M7011	ZAINAL ABIDIN B HASHIM	Selangor Mast		
4	M7012	HJ. MOHAMAD ZAMRI B HJ. MOHD NIN	Perak Mast		
5	M7007	YUSOFF KHAN B ISMAIL KHAN	S'pore Mast Ath		
6	M7020	RAJAH ARUMUGAM A/L M ARUMUGAM	NS Mast		
7	M7014	SAMUTHARAPANDIAN A/L S. PERIASAMY	Perak Mast		
8	M7016	LIM KIAN HUAT	FITMA		
9	M7010	MARTIN CHENG	S'pore Mast Ath		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
1050	117	800m (M65 and above)	MEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		<b>M75-79</b>			
3	M7512	KARAM SINGH BHOAI	India		
4	M7514	MURUGESU A/L SINNATHEVAR	Perak Mast		
5	M7515	AHMAD SHAMSUDDIN B MUHIYUDDIN	FITMA		
6	M7526	ABDUL HAMID B ARIS	Pahang Mast		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
1050	117	800m (M65 and above)	MEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		<b>M80-84</b>			
3	M8009	CHEAH SWEE HWA	P'ng Mast		
4	M8006	OOI HEAN HENG	FITMA		
5	M8007	NALLIAH A/L RAMASAMY	NS Mast		
6	M8008	LOKE KUAN SOW	P'ng Mast		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
1100	118	Long Jump (W35-44)	WOMEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		W35-39			
1	W3503	ANA BT MOHZAN	Selangor Mast		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
1100	118	Long Jump (W35-44)	WOMEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		W40-44			
1	W4018	AZLINA BT MAHAMAD	M'ca Masters		
2	W4003	KALYANI NYAMATHI GOWDRU	South India Mast		
3	W4005	CAROL AUGUSTINE	SAMAS		
4	W4009	ZATA AMNI BT CHE ZAKARIA	WP		
5	W4013	SANTARA KALA SUNDRARAJ	FITMA		
6	W4017	ROHAINAH BT WAHAB	M'ca Masters		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
1110	119	200m (W70 and above)	WOMEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		W70-74			
3	W7008	SAMSAH @ SHAMSAH BT MOHD YASSIN	SAMAS		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
1110	119	200m (W70 and above)	WOMEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		W75-79			
3	W7503	PETCHAY KANDASAMY	S'pore Mast Ath		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
1120	120	Discus (2 Kg) (M35-39)	MEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		M35-39			
1	M3517	KIEW SIENG EIK	M'ca Masters		
2	M3526	KHAIRUL AZRUN B SHAARI	PDRM		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
1120	121	200m (W65-69)	WOMEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		W65-69			
3	W6506	LUCY YONG	SAMAS		
4	W6507	OPINDER KAUR	India		
5	W6509	WENDY SOO YUET PING	FITMA		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
1130	122	200m (W60-64)	WOMEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		<b>W60-64</b>			
3	W6001	ROSELINA BAKAR	Selangor Mast		
4	W6009	RAINEH @ TAMBANI SAWAN	SAMAS		
5	W6004	PADMAVATHI AVARADAL VENKATEGOWDA	South India Mast		
6	W6002	BELINDA TING YEW KING	Selangor Mast		
7	W6008	MORDIANA ABDULLAH	SAMAS		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
1140	123	200m (W55-59)	WOMEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		<b>W55-59</b>			
3	W5506	MARGARET PETRUS	SAMAS		
4	W5518	NAFIZA AHMED	Maldives		
5	W5512	ERINE SINUEL	SAMAS		
6	W5509	JOMYTA BT ELON	SAMAS		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
1150	124	200m (W50-54)	WOMEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		<b>W50-54</b>			
3	W5005	THANUJAKSHI KIDDOOR	South India Mast		
4	W5010	TAMILSLVE PERIASAMY	FITMA		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
1200	125	200m (W45-49)	WOMEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		<b>W45-49</b>			
3	W4504	TEOH TIENG TIENG	Lion Masters P'ng		
4	W4507	RUZINA BT ELUK	SAMAS		
5	W4510	DR LAILATUL MOHAINY BT MOHD	Perak Mast		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
1210	126	200m (W40-44)	WOMEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		<b>W40-44</b>			
3	W4002	ALISON CHEW	SAMAS		
4	W4012	PUSPAVATHY A/P KANNIAPPAN	Perak Mast		
5	W4013	SANTARA KALA SUNDRARAJ	FITMA		
6	W4007	ROZEY OJINKUN	SAMAS		
7	W4019	NUR AIMI BT NGAH	Selangor		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
1220	127	200m (W35-39)	WOMEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		W35-39			
3	W3503	ANA BT MOHZAN	Selangor Mast		
4	W3507	SARA FORTIN MAILOK	SAMAS		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
1500	128/1	200M (M35-39)	MEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
3	M3501	ADAM LIM CHEE HIONG	SAMAS		
4	M3508	MOHAMED HISHAM B MOHAMED HASHIM	S'pore Mast Ath		
5	M3510	WAN KAR LEONG	Kuala Lumpur		
6	M3514	MUHAMAD JAFNI B SARIKIN	Perak Mast		
7	M3503	MOHD ZHAFRAN B MOHD ROSLI	SAMAS		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
1500	128/2	200M (M35-39)	MEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
3	M3504	MUHAMMAD AFIQ B KODIRON	SAMAS		
4	M3520	MOHD ARIF B AZMI	KL Masters		
5	M3524	STEPHEN GEORGE	Team Mass India		
6	M3530	IBRAHIM FARISH	Maldives		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
1510	129/1	200M (M40-44)	MEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
3	M4001	ETHAN CHIN DID THIEN	SAMAS		
4	M4013	AMIRRUDDIN B ISHAK	Perak Mast		
5	M4023	HARIPIRIATHARSIANAN A/L PARAMASIVAM	NS Mast		
6	M4027	THANASILAN A/L NADARAJAH	KL Masters		
7	M4029	HARIK FAUZI	Kuala Lumpur		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
1510	129/2	200M (M40-44)	MEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
3	M4006	GOH JING JING	SAMAS		
4	M4019	SARIFFULNIZAN B NAZAN	Perak Mast		
5	M4021	KUMAR MURUGAN	FITMA		
6	M4033	HUSSAIN AHMED	Maldives		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
1500	130	High Jump (M35-49)	MEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		M35-39			
1	M3507	ANDDY ATAK	SAMAS		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
1500	130	High Jump (M35-49)	MEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		M40-44			
1	M4014	DR ZULEZWAN AB MALIK	Perak Mast		
2	M4025	UPINDERBIR SINGH	India		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
1500	130	High Jump (M35-49)	MEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		M45-49			
1	M4506	RAJESH SHETTY	South India Mast		
2	M4530	JACKY LEE BUN LONG	Selangor		
3	M4531	FERNANDO BEUKEE	Namibia		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
1500	131	Discus 1Kg (W35-49)	WOMEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		W35-39			
1	W3501	YAP JENG TZAN	Selangor Mast		
2	W3514	GAGANDEEP KAUR	Team Mass India		
3	W3504	HENG SHU XIA	SAMAS		
4	W3516	MOK HUI LIN	BA Sek Foon Yew		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
1500	131	Discus 1Kg (W35-49)	WOMEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		W40-44			
1	W4011	MUHAINI BT ABD MANAN	Perak Mast		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
1500	131	Discus 1Kg (W35-49)	WOMEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		W45-49			
1	W4505	FELECIA LIJAWA	SAMAS		
2	W4517	CHUA SWEE MEI	M'ca Masters		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
1520	132/1	200M (M45-49)	MEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
3	M4511	WOO CHEE MENG	Kuala Lumpur		
4	M4509	CYRIL MISONG	SAMAS		
5	M4525	HAIRUL B ABU SHAH	M'ca Masters		
6	M4534	GOH KEAN LAI	P'ng Mast		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
1520	132/2	200M (M45-49)	MEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
3	M4501	WONG TZE YUNG	Kawan Athletics		
4	M4502	AHMAD SHAH WAHID	SAMAS		
5	M4503	ZUL FAKAR B MOHD	Selangor		
6	M4508	NG TEE CHUAN	Lion Masters P'ng		
7	M4519	NASARUDIN B SUPIAN	Perak Mast		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
1530	133	200M (M50-54)	MEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
1	M5003	SATHEESH KUMAR UMAPATHI	South India Mast		
2	M5016	NG WAI KIT	Perak Mast		
3	M5007	SURESH KASINATHAN	MAF India		
4	M5010	CLARENCE TAMI	SAMAS		
5	M5006	SANJAY SARKAR	South India Mast		
6	M5029	YEOH GUAN AUN	KL Masters		
7	M5035	ZULKANAIN B JOHARI	PDRM		
8	M5004	SREENIVASA BYRAPPA	South India Mast		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
1540	134	200M (M55-59)	MEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
2	M5515	HAZLI B MOHD ZIN	Perak Mast		
3	M5507	SUPPARAMANIYAM RAMASAMY	Selangor Mast		
4	M5531	MOHAMED AMIR	Maldives		
5	M5517	NAGARAJAN A/L RAMASAMY	Perak Mast		
6	M5522	AZUAN B OTHMAN	NS Mast		
7	M5528	OCKBEN SAOR SINAGA	Indonesia		
8	M5530	SELVARAJ A/L PERUMAL	PDRM		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
1550	135/1	200M (M60-64)	MEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
3	M6014	RICHARD TIMBANGAN	SAMAS		
4	M6028	MOHD FOAZI B MD NOR	Perak Mast		
5	M6003	KUNASEGARAN A/L MANIVELOO	Selangor Mast		
6	M6013	JAMALUDDIN B LANI	SAMAS		
7	M6038	MANIRAJ MAYAN	Selangor		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
1550	135/2	200M (M60-64)	MEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
3	M6030	NAGARAJAN A/L KARUPPIA	Perak Mast		
4	M6017	JAMES WONG THIEN YIN	SAMAS		
5	M6037	MAULANI DIMAN	Unisel		
6	M6023	ARIFFIN B HARUN	Perak Mast		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
1600	136	200M (M65-69)	MEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
3	M6501	CHARLIE LEE	SAMAS		
4	M6517	LEE SOI KENG (DENIEL)	S'pore Mast Ath		
5	M6513	JOLLY B MAJALAP @ LUCUNDUS HARRY	SAMAS		
6	M6516	MUSA AMIN	S'pore Mast Ath		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
1600	137	High Jump (M50-64)	MEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		<b>M50-54</b>			
1	M5012	ASNI B TAHIR	Perak Mast		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
1600	137	High Jump (M50-64)	MEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		<b>M55-59</b>			
1	M5526	IBRAHIM B AB WAHAB	M'ca Masters		
2	M5505	SUBRAMANIAM KUMARASAMY	Johor Mast		
3	M5527	LIAW FUN MIN	M'ca Masters		
4	M5507	SUPPARAMANIYAM RAMASAMY	Selangor Mast		
5	M5511	MOHD SALEHEN B MOHD NOOR	SAMAS		
6	M5529	SIVAN A/L RATNASAMY	KL Masters		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
1600	137	High Jump (M50-64)	MEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		<b>M60-64</b>			
1	M6003	KUNASEGARAN A/L MANIVELOO	Selangor Mast		
2	M6013	JAMALUDDIN B LANI	SAMAS		
3	M6011	MUSTAFA B IBRAHIM	S'pore Mast		
4	M6007	P. MOHAN A/L PONNAIH	Johor Mast		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
1610	138	200M (M70 and above)	MEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		<b>M70-74</b>			
3	M7012	HJ. MOHAMAD ZAMRI B HJ. MOHD NIN	Perak Mast		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
1610	138	200M (M70 and above)	MEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		<b>M75-79</b>			
3	M7504	SUING @ SYLVESTER KUIL	SAMAS		
4	M7521	SELVARAJAH CHELLIAH	FITMA		
5	M7525	ANNANTHAKRISHNAN A/L MARIAPPEN	P'ng Mast		
6	M7511	CHEW PHAK HENG	S'pore Mast Ath		
7	M7517	MURUGAN MANIAM	FITMA		
8	M7505	UMAN @ YUMAN B SIKIN	SAMAS		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
1610	138	200M (M70 and above)	MEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		<b>M80-84</b>			
3	M8009	CHEAH SWEE HWA	P'ng Mast		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
1600	139	Discus 1Kg (W50-64)	WOMEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		<b>W50-54</b>			
1	W5011	CHAN NYET FUJ	M'ca Masters		
2	W5003	TIFFANY SOH BENG CHU	Selangor Mast		
3	W5012	CHUA CHEONG LIAN	M'ca Masters		
4	W5013	NORAZIAH Bt ABU ZARIN	M'ca Masters		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
1600	139	Discus 1Kg (W50-64)	WOMEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		<b>W55-59</b>			
1	W5516	VASKEE A/P R.VASUTHEVAN	KL Masters		
2	W5505	MARIANI MANAN	SAMAS		
3	W5507	JESSIE MANJIN	SAMAS		
4	W5517	SHEELA SREEDHARAN	Team Mass India		
5	W5511	MARTINA ANDIKAL	SAMAS		
4	W5510	TSEN CHEW MOI	SAMAS		
7	W5509	JOMYTA BT ELON	SAMAS		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
1600	139	Discus 1Kg (W50-64)	WOMEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		<b>W60-64</b>			
1	W6003	THERESLINE ASIRVATHAM	Selangor Mast		
2	W6013	AMALIA MARQUEZ BARCOMA	FITMA		
3	W6011	JUSTINA BT PINSIN	SAMAS		
4	W6016	LETCHUMIPRAH A/P RAMACHANDRAN	Selangor Mast		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
1620	140	800M (W35-39)	WOMEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		<b>NO PARTICIPANTS</b>			

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
1620	141	800M (W40-44)	WOMEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
3	W4010	MASLINA BT ROSLI	Perak Mast		
4	W4008	AHADIAH MAGDALINA JOSEPH GIDIK	SAMAS		
5	W4014	VALLY MICHAEL	FITMA		
6	W4012	PUSPAVATHY A/P KANNIAPPAN	Perak Mast		
7	W4015	FATIN FARAH IZZATI BT MASAAT	WP		
8	W4016	MICHELE TAN BEE KIANG	Selangor Mast		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
1640	142	800M (W45-49)	WOMEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
3	W4502	LOOI MEI YAN, MICHELLE	Selangor Mast		
4	W4515	LEGAH MEYYAPPAN	FITMA		
5	W4520	HUSNA MOHAMED	Maldives		
6	W4512	MAZLINA SHAFURA BT ABDUL MANAP	Perak Mast		
7	W4503	RATHNA RAJEESH KALAVAR	South India Mast		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
1640	143	800M (W50-54)	WOMEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
3	W5002	JOANNE PL GRANGE	Selangor Mast		
4	W5009	ZUHARLINA BT ABU BAHARIN	Perak Mast		
5	W5010	TAMILSLVE PERIASAMY	FITMA		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
1640	144	800M (W55-59)	WOMEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
3	W5501	CHUAH GUAT NA	Lion Masters P'ng		
4	W5513	NOKALMAH SANASEE	Perak Mast		
5	W5514	LETCHUMY A/P RAJU	NS Mast		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
1640	145	High Jump (M65 and above)	MEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		<b>M65-69</b>			
1	M6501	CHARLIE LEE	SAMAS		
2	M6504	MOHD MANSHAHAR B ABD JALIL	Selangor Mast		
3	M6532	HOO YOON WAH	KL Masters		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
1640	145	High Jump (M65 and above)	MEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		<b>M70-74</b>			
1	M7005	DATUK ABDOL MULOK AWANG DAMIT	SAMAS		
2	M7021	AB MALEK B TAIB	NS Mast		
3	M7024	BALAKRISHNAN VELLASAMY	Johor Mast		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
1640	145	High Jump (M65 and above)	MEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		<b>M75-84</b>			
		<b>NO PARTICIPANTS</b>			

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
1640	146	Discus 1Kg (W65 and above)	WOMEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		<b>W65-69</b>			
1	W6501	NUR' AISHAH BT ABDULLAH	Selangor Mast		
2	W6510	DR.PUSHFA A/P RAMASAMY	KL Masters		
3	W6507	OPINDER KAUR	India		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
1640	146	Discus 1Kg (W65 and above)	WOMEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		W70-74			
1	W7006	ANNY MICHAEL NANAK	SAMAS		
2	W7014	CHEONG LENG NEO	M'ca Masters		
3	W7009	EVELYN ANJIM @ NIWIN	SAMAS		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
1640	146	Discus 0.75Kg (W65 and above)	WOMEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		W75-79			
1	W7501	HELENA MAJALANG	SAMAS		
2	W7505	KAM AH BOAY @ KAM YUEH ENG	M'ca Masters		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
1640	146	Discus 0.75Kg (W65 and above)	WOMEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		W80-84			
1	W8001	LEE NGIT YUNG	SAMAS		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
1640	146	Discus 0.75Kg (W65 and above)	WOMEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		W85 and above			
		NO PARTICIPANTS			

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
1700	147	800M (W60-64)	WOMEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
3	W6007	ADENAH LOJUHUN	SAMAS		
4	W6017	GOH KIM HONG (MAGGIE)	Selangor Mast		
5	W6015	SINNAMAH GOLLABANGARU	FITMA		
6	W6010	THERESA BT SIDAU	SAMAS		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
1720	148	800M (W65-69)	WOMEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
3	W6503	JOUTI @ VIRONICA BT ELAU	SAMAS		

<b>TIME</b>	<b>EVENT NO</b>	<b>EVENT / AGE GROUP</b>	<b>CATEGORY</b>	<b>FINAL</b>	<b>RECORD</b>
1740	149	800M (W70 and above)	WOMEN		
<b>NO / LANE</b>	<b>BIB NO</b>	<b>NAME</b>	<b>TEAM</b>	<b>STATUS</b>	<b>TIME</b>
		<b>W70-74</b>			
3	W7005	KIMIH @ FLORENCE MONJITOL	SAMAS		
4	W7011	KOMATHI V.KRISHNASAMY	FITMA		
5	W7008	SAMSIAH @ SHAMSIAH BT MOHD YASSIN	SAMAS		

<b>TIME</b>	<b>EVENT NO</b>	<b>EVENT / AGE GROUP</b>	<b>CATEGORY</b>	<b>FINAL</b>	<b>RECORD</b>
1740	149	800M (W70 and above)	WOMEN		
<b>NO / LANE</b>	<b>BIB NO</b>	<b>NAME</b>	<b>TEAM</b>	<b>STATUS</b>	<b>TIME</b>
		<b>W75 - 84</b>			
		<b>NO PARTICIPANTS</b>			