

1ST DAY (21 MAY 2022)**MORNING SESSION****EVENT NO. 101: 3000M WALK (WOMEN 35 - 54)****W35 - 39**

W3515	Lenny Carmalia Binti Othman	PDRM
-------	-----------------------------	------

W40 - 44

W4001	Lanny Sharroneca Julius Jikut	Sabah Ind
-------	-------------------------------	-----------

W4013	Kaliamah a/p Manian	Perak Masters
-------	---------------------	---------------

W45-49

W4501	Sharaladevi a/p Narayanasamy	Kedah Ind
W4520	Sabtuyah Bt Yusup	PDRM
W4526	Johanawati Binti Johen	PDRM

W4511	Kasturi a/p Subrayan	S'gor Ind
W4524	Tiffany Soh Beng Chu	S'gor Masters

W50 - 54

W5013	Pramaswarey Sendarasegerin	Perak Masters
W5020	Vasuki a/p V. Rajagopal	S'gor Masters

W5015	Chuah Guat Na	Penang Ind
W5016	Lee Siew Kim	Penang Ind

EVENT NO. 102: Shot Put (WOMEN 35 - 39)**W35 - 39**

W3504	Rosmaliah Binti Khalit	PDRM
W3510	Silvia Chai Cin Tze	M'ca Masters

W3508	Ooi Siam Hong	M'ca Masters
-------	---------------	--------------

EVENT NO. 103: Discus (MEN 35 - 49)**M35 - 39**

M3507	Firdauz Mura Bin Mura	S'wak Ind
M3531	Kiew Sieng Eik	M'ca Masters

M3523	Tan Dan Ny	S'gor Masters
-------	------------	---------------

M40 - 44

M4008	Bonny Bin Duni	PDRM
-------	----------------	------

M4011	Raja Farul Izwan Bin Raja Ismail	PDRM
-------	----------------------------------	------

M45 - 49

M4504	Hamdan Bin Ayun	SAMAS
M4532	Lee Kian Fei	Perak Masters

M4523	Siew Hann Wen	S'gor Masters
-------	---------------	---------------

EVENT NO. 104: Long Jump (MEN 35 - 39)

M3522	Murali Subramaniam	S'gor Masters
-------	--------------------	---------------

M3527	Mohd Farish B Aziz Sulaiman	SAMAS
-------	-----------------------------	-------

EVENT NO. 105: 3000M WALK (WOMEN 55 and above)**W55 - 59**

W5502	Thilageswary A/P M.Ramasamy	S'gor Ind
W5509	Amalia Marquez Barcoma	FITMA AC
W5512	Tan Goek Hong	Penang Ind

W5503	Theresa Binti Sidau	SAMAS
W5510	Yogeswari a/p S Kathirveloo	JETS
W5514	Salvarani a/p Krishnan	Penang Masters

W60 - 64

W6001	Jouti Elau @ Vironica	Sabah Ind
W6006	Joanne Foo	Perak Masters
W6010	Tan Teck Ho	S'gor Masters

W6002	Ting Yew King (Belinda)	S'gor Masters
W6009	Nur'aishah Abdullah	S'gor Masters

W65 - 69

W6501	Kimih @ Florence Monjitol	SAMAS
W6508	Banumathy Sundaram	S'gor Masters

W6504	Lee Shew Keng	KL Masters
-------	---------------	------------

W75 - 79

W7501	Yeap Lay Tong	KL Masters
-------	---------------	------------

W7502	Sarojeet Kaur @ Sarjeet Kaur	Penang Masters
-------	------------------------------	----------------

EVENT NO. 106: Shot Put (WOMEN 40 - 49)**W40 - 44**

W4002	Nancy Binti F. Michael	SAMAS
W4011	Angeline Jumbo	S'wak Ind
W4016	Nazira Binti Ab Rahim	M'ca Masters

W4005	Liong Sau Lai	PDRM
W4014	Rosmiati Bt Abd Karim	PDRM
W4017	Chua Swee Mei	M'ca Masters

W45 - 49

W4510	Hasniyah Binti Othman	PDRM
W4523	Nor Aziah Binti Kassim	M'ca Masters

W4522	Chua Cheong Lian	M'ca Masters
W4524	Tiffany Soh Beng Chu	S'gor Masters

EVENT NO. 107: Discus (MEN 50 - 59)**M50 - 54**

M5028	Liaw Fun Min	M'ca Masters
M5031	Abd Rahim Bin Abd Hamid	Perak Masters

M5030	Ibrahim Bin Abd Wahab	M'ca Masters
-------	-----------------------	--------------

M55 - 59

M5523	Supt. Zahar Bin Rahman	FITMA AC
-------	------------------------	----------

EVENT NO. 108: Long Jump (MEN 40 - 49)**M40 - 44**

M4009	Razi Bin Nayan	PDRM
M4023	Maulie Bin Mangun	PDRM
M4032	Adi Wira Bin Mohd Zin	Perak Masters
M4037	Eddey Kalai	PDRM

M4014	Ravikumar a/l Balakrishnan	Penang Ind
M4030	Mohd Hafeez Hasrek Bin A Razak	M'ca Masters
M4033	Ahmad Ezman Bin Pudil @ Fadzil	Perak Masters

M45 - 49

M4502	Larry Andang	SAMAS
-------	--------------	-------

M4511	Ramis a/l K.D. Rada	KL Ind
-------	---------------------	--------

EVENT NO. 109: 5000M WALK (MEN 65 and above)**M65 - 69**

M6501	Tani Clase a/l Sebastian	PDRM (R)
M6519	Mohamed Ariff Bin Tar Mohamad	KL Masters
M6526	K Mahalingam a/l R Kuppusamy	Penang Masters

M6512	Elangovan a/l Sithiram Suppiah	FITMA AC
M6525	Athnan Bin Abu Samah	Johor Masters
M6513	Manian a/l Appalasamy	Perak Masters

M70 - 74

M7024	Krishnan a/l Pichemuthu	NS Masters
M7018	Balakrishnan a/l S Vellasamy	Johor Ind
M7025	Lee Cheng Chuan	FITMA AC

M7006	Murugan a/l Maniam	FITMA AC
M7020	Annathakrishnan a/l Mariappen	Penang Masters

M75 - 79

M7504	Manickam a/l Thambiah	FITMA AC
M7511	Ramanaidu a/l Paidiah	KL Masters

M7509	Supramaniam a/l Palanisamy	NS Masters
M7514	Thomas Kok	Perak Masters

M80 - 84

M8003	Santhirarajah a/l Saravanamuttu	S'gor Masters
-------	---------------------------------	---------------

EVENT NO. 110: Shot Put (WOMEN 50 - 59)**W50 - 54**

W5003	Erine Sinuel	SAMAS
W5017	Vaskee a/p R.Vasuthevan	KL Masters

W5006	Rosnah Bt Abdul Samad	PDRM
W5018	Chan Nyet Fui	M'ca Masters

W55 - 59

W5505	Dorothea Anthony Amuru	SAMAS
W5511	Pauline Teoh	Perak Masters
W5515	Theresline a/p Asirvatham	S'gor Masters

W5507	Jessie Manjin	SAMAS
W5513	Zuraidah Binti Rashid	M'ca Masters

EVENT NO. 111: Discus (MEN 60 - 69)**M60 - 64**

M6005	Shawal Bin Hj Shaari	PDRM (R)
M6009	Tajul Ariffin Bin Awang Mohd	SAMAS
M6022	Krishnasamy a/l Karupiah	S'gor Masters
M6034	Baskaran Francis	Perak Masters

M6006	Juintin Bin Allap	SAMAS
M6015	Jayaraman Nagamuthu	FITMA AC
M6032	Mohd Rahim Bin Luwi	M'ca Masters
M6038	Sergeant Singh	Perak Masters

M65 - 69

M6505	Edwin E Goh	SAMAS
M6507	Yaw Doly Bin Yaw Lo Kong	SAMAS
M6514	Narayanan Nair a/l Sungoni Nair	NS Masters

M6506	Tarmizi Sandhu @ Tara Singh	SAMAS
M6508	William Norman Wheatley	SAMAS

EVENT NO. 112: Long Jump (MEN 50 - 59)**M50 - 54**

M5003	Jiprin Bin Jusdi	SAMAS
M5023	Subramaniam Kumarasamy	Johor Masters
M5024	Asni Bin Tahir	Johor Masters

M55 - 59

M5502	Jamaluddin Lani	SAMAS
M5513	Zulkapli Bin Adam	PDRM
M5520	Redzuan Bin Jumat	Labuan

M5523	Supt. Zahar Bin Rahman	FITMA AC
M5529	Ali Mustaffa Bin Othman	Johor Masters
M5539	Mohd Zaki B. Sadri	T'ganu Ind

EVENT NO. 113: 5000M WALK (MEN 50 to 64)**M50 - 54**

M5016	Aiman Cheah Tiong Chap	S'gor Masters
M5026	Sukhraj Singh Dhillon	Penang Masters

M5036	Nagarajan a/l Ramasamy	Perak Masters
M5032	Ong Beng Hua	Perak Masters

M55 - 59

M5502	Jamaluddin Lani	SAMAS
M5508	Jayapal a/l Kuppusamy	PDRM
M5546	Varugheese a/l P.V. Chacko	S'gor Ind

M5543	Muhammad Zamani Bin Abdullah	PDRM
M5545	Yu Song	Penang Ind

M60 - 64

M6016	Aplaidoo a/o Ramanayadoo	FITMA AC
M6017	Tamil Kodi a/l Kaneson	NS Ind
M6020	Kalai Chalvan a/l A Subramaniam	S'gor Masters
M6025	Keruna Nithi a/l Chockalingam	S'gor Masters

M6033	Azmi Bin Hamat	Perak Masters
M6036	Kanesan a/l Sunnamuthu	Perak Masters
M6037	Saraman Singh a/l Nock Singh	Perak Masters
M6039	Tharmalingam a/l Koddaiyan	Perak Masters

M6026	Govi a/I A Ramoo	JETS Penang
M6041	Ansari Bin Abdul Rahman	Perak Masters

M6040	Valaitham a/I Vedanayagam	Perak Masters
-------	---------------------------	---------------

EVENT NO. 114: Long Jump (MEN 60 and above)

M60 - 64

M6024	Tham Siew Yen	S'gor Masters
M6043	Mohan Ponniah	Johor Masters

M6031	Hj Sirrajuddin Bin Haji Ghani	PDRM (R)
M6035	Jayaraman a/I Rajamanickam	Perak Masters

M65 - 69

M6502	Puzi Bin Abd Manan	PDRM (R)
M6509	Datuk Abdol Mulok Bin Awang Damit	Labuan

M6522	Choo Wai Kin	KL Masters
M6525	Athnan Bin Abu Samah	Johor Masters

M70 - 74

M7002	Vitalis Herman	SAMAS
M7003	Uman @ Yuman Bin Sikin	SAMAS
M7011	Thanesvaran Malavarayar	KL Masters

M7015	Karthigesan Rajoo	S'gor Ind
M7017	Mohamed Bin Md Idrus	Pahang Mas

EVENT NO. 115: Discus (MEN 70 and above)

M70 - 74

M7001	Pilah @ Ondog Bin Kisang	SAMAS
M7007	P Nadarajah a/I M Periyah	FITMA AC
M7008	Vimalasingam a/I V Saranamuthu	FITMA AC

M7012	Ramalingam a/I Verasamy	S'gor Masters
M7019	Arumugam Kavari	Johor Masters
M7021	Wong Kou Fou	M'ca Masters

M75 - 79

M7501	Julius Jikut Komuning	Sabah Ind
-------	-----------------------	-----------

EVENT NO. 116: Shot Put (WOMEN 60 - 74)

W60 - 64

W6003	Pirin Binti Berangin	SAMAS
W6007	Loo Cheng Siew	Perak Masters

W6008	Radha a/p Karuppiah	M'ca Masters
W6009	Nur'aishah Abdullah	S'gor Masters

M65 - 69

W6505	Pushfa Ramasamy	KL Masters
-------	-----------------	------------

EVENT NO. 117: 5000M WALK (MEN 35 to 49)

M35 - 39

M3506	Mohd Azmeer Bin Amarullah	S'gor Ind
-------	---------------------------	-----------

M40 - 44

M4018	Abdul Malik Shah	PDRM
M4020	Insp Roning B Mulut	PDRM

M4023	Maulie Bin Mangun	PDRM
M4027	Tan Chee Leong	Penang Masters

M45 - 49

M4513	G. Suresh Kumar	FITMA AC
-------	-----------------	----------

EVENT NO. 119: 1500M (WOMEN 50 and above)

W50 - 54

W5005	Chan Yen Ching	PDRM
W5007	Devamani a/p Sothie	FITMA AC
W5008	Cecilia Maksimon	SAMAS

W5012	Loh Kher Heem	Perak Masters
W5014	Sashykalah a/p Gnanaprakasham	S'gor Ind
W5021	Imelda Nasreen Bt Nasruddin	S'gor Masters

W55 - 59

W5517	Goh Kim Hong (Maggie)	S'gor Masters
-------	-----------------------	---------------

W60 - 64

W6001	Jouti Elau @ Vironica	Sabah Ind
W6006	Joanne Foo	Perak Masters

W6002	Ting Yew King (Belinda)	S'gor Masters
W6012	Sinnamah Golla-Bangaru	S'gor Masters

W65 - 69

W6501	Kimih @ Florence Monjitol	SAMAS
-------	---------------------------	-------

W6507	Maimuna J. Nordin	S'gor Masters
-------	-------------------	---------------

W75 - 79

W7502	Sarojeet Kaur @ Sarjeet Kaur	Penang Masters
-------	------------------------------	----------------

EVENT NO. 120: 1500M (WOMEN 35 - 49)**W35 - 39**

W3505	Michele Tan Bee Kiang	S'gor Ind
W3513	Khaveetha a/p Pacheapan	NS Ind

W3515	Lenny Carmalia Binti Othman	PDRM
-------	-----------------------------	------

W40 - 44

W4004	Mazlina Shafura Binti Abdul Manap	KL Ind
W4006	Noorshazlin Binti Ahmad	PDRM

W4010	Nagamah a/p Arumugam	FITMA AC
W4012	Amutha Arumugam	Perak Masters

W45 - 49

W4509	Rita Binti Ghani	PDRM
W4519	Nirmala Devi Ambikapathi	Perak Masters

W4525	Zuharlina Bt Abu Baharin	KL Ind
W4521	Tamilslve a/p Periasamy	NS Masters

EVENT NO. 121: 1500M (MEN 55 and above)**M55 - 59**

M5501	Khor Kim En	Perak Ind
M5512	Kamsian Long	PDRM
M5514	Wiswannadan a/l Ayakanndo	PDRM
M5516	V. Jothee s/o Kobal Veriah	JETS
M5522	Rathakrishnan a/l Ramakrishnan	Penang Ind
M5528	Boopathy Ramasamy	Johor Masters
M5533	Dr. J Thamotharan S.Jeyaraman	Perak Masters

M5538	Kumar Vairan	Perak Masters
M5535	Sarjit Singh	Perak Masters
M5536	Shanmuganathan a/l Ratanam	Perak Masters
M5537	Thanaraj a/l Krishnan Perumal	Perak Masters
M5542	Thangavelu Ramu	NS Ind
M5543	Muhammad Zamani Bin Abdullah	PDRM

M60 - 64

M6002	Md Nazri Bin Kasim	PDRM (R)
M6008	Jonas Israel	SAMAS
M6010	Sorganeshan Manickam	Perlis Ind
M6011	Datuk Seri (Dr) V. Pulainthiran	S'gor Masters
M6012	C Krishnansamy	JETS

M6019	Arumugam Subramnian	S'gor Masters
M6027	Padmanathasivan a/l Kailasam	NS Ind
M6029	Rajagopal Vadiappan	Johor Masters
M6030	Sagaran Kunju Raman	Johor Masters
M6042	Tamil Chelvam a/l Govindasamy	Perak Masters

M65 - 69

M6504	Dusip @ Joseph Bin Latong	SAMAS
M6510	Selvaraju a/l V Krishnan	FITMA AC
M6511	Rajasegaran a/l Kannen	FITMA AC
M6515	Raja Arumugam	NS Masters
M6516	Rajoo a/l Kavera	NS Masters

M6517	Rama Krishnan a/l Manikam	NS Masters
M6518	Tan Choon Seang	KL Masters
M6524	Krishnan a/l Munusamy	Johor Ind
M6527	Kanapathy a/l Supramaniam	Perak Masters

M70 - 74

M7009	Venbataraman a/l Ramaloo	FITMA AC
M7016	Abdul Hamid Bin Aris	Pahang Mas
M7020	Annathakrishnan a/l Mariappen	Penang Masters

M7022	Murugesu a/l Sinnathevar	Perak Masters
M7023	Samutharapandian a/l S Periasamy	Perak Masters

M75 - 79

M7503	Sidin Wasim	SAMAS
M7505	Ooi Hean Heng	FITMA AC

M7506	Selvarajah Chelliah	FITMA AC
-------	---------------------	----------

M80 - 84

M8001	Low Kuan Sow @ Loke Kuan Sow	Kedah Ind
-------	------------------------------	-----------

EVENT NO. 122: 1500M (MEN 50 - 54)**M50 - 54**

M5001	KT Jestin KT Mendis Appu	KL Ind
M5007	Baharruddin Bin Ismail	PDRM
M5009	M. Mathialagan a/l R. Manikam	NS Ind
M5010	Munintaran Sundram	S'gor Ind
M5011	Thanabalamurugan a/l Arumugam	FITMA AC
M5012	Kannen a/l Balakrishnan	FITMA AC

M5020	Choo Jin Hin	Penang Ind
M5023	Subramaniam Kumarasamy	Johor Masters
M5027	Ramesh a/l Munusamy	Penang Masters
M5033	Rajendran Chappanimuthu	Perak Masters
M5035	Santheran Veloo	Perak Masters
M5037	Vadiveelu Arumugam	KL Ind

EVENT NO. 123: 1500M (MEN 45 - 49)**M45 - 49**

M4508	Halid B. Nurmin	PDRM
M4520	Abdul Rahman Bin Mahamoud	KL Masters
M4522	S. Divagaran Subramaniam	KL Masters
M4526	Balan a/l Subramoniam	Johor Ind

M4527	Ragurama a/l Raganathan	Penang Masters
M4529	Norman Bin Abu Bakar	M'ca Masters
M4540	Anpalagan a/l Sithambaran	Perak Masters
M4538	Suresh a/l Munianday	Perak Masters

EVENT NO. 124: 1500M (MEN 35 - 44)**M35 - 39**

M3501	Muhammad Afifi Bin Zainudin	S'gor Ind
M3509	Mhd Shafie Bin Sulaman	S'gor Ind
M3528	Yaakob Bin Idris	Penang Masters

M3529	Visvenathan Tangavello	Penang Masters
M3534	Saravanan a/l Elagamurom	Perak Masters

M40 - 44

M4001	Jasni Khairil Bin Jamaluddin	KL Masters
M4002	Abdul Aziz Bin Mahamoud	KL Masters
M4006	Kumaran Arumugam	FITMA AC

M4022	Zol Helmi Bin Mahat	S'gor Ind
M4024	Abdul Iswandi B Ahmad	S'wak Ind
M4036	Devindran a/l Sundrum	KL Masters

1ST DAY (21 MAY 2022)**AFTERNOON SESSION****EVENT NO. 125: 100M (WOMEN 35 - 39)****W35 - 39**

W3501	Alison Chew Suk Ling	SAMAS
W3502	Norfahda Bt Jamil	PDRM

W3503	Siti Fairuz Binti Jamaluddin	PDRM
W3514	Hasrina Binti Hasan	T'ganu Ind

EVENT NO. 126: 100M (WOMEN 40 - 44)**W40 - 44**

W4009	Rosjulianee Binti Mohd Yusoff	PDRM
-------	-------------------------------	------

W4011	Angeline Jumbo	S'wak Ind
-------	----------------	-----------

EVENT NO. 127: 100M (WOMEN 45 - 49)**W45 - 49**

W4503	Parida Binti Usman	SAMAS
W4504	Josephen Maria Job	SAMAS
W4508	Rohayati Binti Abu	PDRM

W4514	Kiew Sui Hua	S'wak Ind
W4515	Marta Basa Binti Lokman	Labuan

EVENT NO. 128: High Jump (MEN 35 - 59)**M35 - 39**

M3506	Mohd Azmeer Bin Amarullah	S'gor Ind
M3518	Andy Gregory Liadu	SAMAS

M3531	Kiew Sieng Eik	M'ca Masters
-------	----------------	--------------

M40 - 44

M4023	Maulie Bin Mangun	PDRM
-------	-------------------	------

M4037	Eddey Kalai	PDRM
-------	-------------	------

M45 - 49

M4503	Teo Chen Lung	SAMAS
M4524	Vignesparan Veera Ragavan	KL Masters

M4531	Samsul Bin Ma'arof	M'ca Masters
-------	--------------------	--------------

M50 - 54

M5023	Subramaniam Kumarasamy	Johor Masters
M5024	Asni Bin Tahir	Johor Masters

M5028	Liaw Fun Min	M'ca Masters
M5030	Ibrahim Bin Abd Wahab	M'ca Masters

M55 - 59

M5540	WR Sharipolazaman B WR Ramli	S'gor Ind
-------	------------------------------	-----------

EVENT NO. 129: Javelin (MEN 35 - 49)**M35 - 39**

M3512	Rayn Nelson Jamaidi	PDRM
M3513	Mohd Shahrul Nizam Bin Adan	PDRM

M3531	Kiew Sieng Eik	M'ca Masters
-------	----------------	--------------

M40 - 44

M4011	Raja Farul Izwan Bin Raja Ismail	PDRM
-------	----------------------------------	------

M4041	Pramjit Singh	Perak Masters
-------	---------------	---------------

M45 - 49

M4506	Wong Hock Loong	SAMAS
M4514	Nethianathan a/I Krishna Kutty	FITMA AC
M4516	Victor Suan	SAMAS

M4523	Siew Hann Wen	S'gor Masters
M4532	Lee Kian Fei	Perak Masters
M4536	Sriram a/I Sivaraman	Perak Masters

EVENT NO. 130: Discus (WOMEN 35 - 49)**W35 - 39**

W3508	Ooi Siam Hong	M'ca Masters
W3510	Silvia Chai Cin Tze	M'ca Masters

W3511	Yap Jeng Tzan	NS Ind
-------	---------------	--------

W40 - 44

W4002	Nancy Binti F. Michael	SAMAS
W4005	Liong Sau Lai	PDRM
W4011	Angeline Jumbo	S'wak Ind

W4014	Rosmiati Bt Abd Karim	PDRM
W4016	Nazira Binti Ab Rahim	M'ca Masters
W4017	Chua Swee Mei	M'ca Masters

W45 - 49

W4502	Natalie Dawn Sipula	Sabah Ind
W4512	Samantha Jane Richards	S'gor Ind

W4522	Chua Cheong Lian	M'ca Masters
W4524	Tiffany Soh Beng Chu	S'gor Masters

W4515	Marta Basa Binti Lokman	Labuan
-------	-------------------------	--------

EVENT NO. 131: Triple Jump (WOMEN 35 - 49)

W35 - 39

W3503	Siti Fairuz Binti Jamaluddin	PDRM
-------	------------------------------	------

EVENT NO. 132: 100M (WOMEN 50 and above)

W50 - 54

W5001	N. Jayanthy a/p R. Narayanan	Kedah Ind
W5003	Erine Sinuel	SAMAS

W5004	Mariani Binti Manan	SAMAS
W5010	Nokalmah Sanasee	Perak Masters

W55 - 59

W5502	Thilageswary A/P M.Ramasamy	S'gor Ind
W5504	Mordiana Abdullah	SAMAS

W5506	Juliana Gumpil	SAMAS
W5508	Raineh @ Tambi Bt Sawan	SAMAS

W60 - 64

W6002	Ting Yew King (Belinda)	S'gor Masters
-------	-------------------------	---------------

W6004	Lucy Yong	SAMAS
-------	-----------	-------

W65 - 69

W6502	Christina Labanjing @ Jentunis	SAMAS
-------	--------------------------------	-------

EVENT NO. 133: 100M (MEN 35 - 39)

M35 - 39

M3508	Mohd Izzuddin Bin Yahaya	Perlis Ind
M3511	Mohd Samful Bin Musa	PDRM
M3520	Thulesimenen a/l Subramaniam	S'gor Ind

M3524	Mohd Zhafran B Mohd Rosli	NS Ind
M3526	Mohamad Hafizam B Saluhi	S'wak Ind
M3535	Asro Bin Othman	T'ganu Ind

EVENT NO. 134: 100M (MEN 40 - 44)

M40- 44

M4003	Jagathes Rau Appannan	KL Masters
M4004	Murugan a/l Perumal	KL Masters
M4009	Razi Bin Nayan	PDRM
M4010	Mohd Sukhairi Bin Mat Nor	PDRM
M4012	Cyril Bin Misong	SAMAS
M4015	Kelvin Gerald Lalo	S'wak Ind
M4016	Hazairi Basha B Mohd Jamel Basha	S'gor Ind
M4017	Mohd Syuhairy Bin Md Suid	S'gor Ind

M4025	Sariman B Sulaiman	S'wak Ind
M4026	Airul Syafie Bin Dolah	Johor Masters
M4029	Hairul Bin Abu Shah	M'ca Masters
M4031	Mohd Fadzli Bin Mamat	M'ca Masters
M4032	Adi Wira Bin Mohd Zin	Perak Masters
M4033	Ahmad Ezman Bin Pudil @ Fadzil	Perak Masters
M4038	Fairuz Bin Amir Puad	Johor Masters

EVENT NO. 135: Javelin (MEN 50 - 59)

M50 - 54

M5008	Jaafar Bin Dollah	PDRM
M5025	Daud Bin Md Jeni	Johor Masters

M5028	Liaw Fun Min	M'ca Masters
-------	--------------	--------------

M55 - 59

M5504	James Bin Patrick	SAMAS
M5506	Ampati @ Ardi Bin Gohop	SAMAS
M5509	Zainal Bin Ariffin	PDRM (R)
M5511	Fadli Yusof Bin Tajudin	PDRM
M5513	Zulkapli Bin Adam	PDRM

M5523	Supt. Zahar Bin Rahman	FITMA AC
M5524	Gunasaegaran a/l Narasapan	FITMA AC
M5525	Achuthan a/l C Balakrishnan	FITMA AC
M5540	WR Sharipolazaman B WR Ramli	S'gor Ind

EVENT NO. 136: Discus (WOMEN 50 - 59)**W50 - 54**

W5004	Mariani Binti Manan	SAMAS
-------	---------------------	-------

W5018	Chan Nyet Fui	M'ca Masters
-------	---------------	--------------

W55 - 59

W5505	Dorothea Anthony Amuru	SAMAS
W5507	Jessie Manjin	SAMAS
W5511	Pauline Teoh	Perak Masters

W5513	Zuraidah Binti Rashid	M'ca Masters
W5515	Theresline a/p Asirvatham	S'gor Masters

EVENT NO. 137: Triple Jump (WOMEN 50 - 59)**W50 - 54**

W5004	Mariani Binti Manan	SAMAS
-------	---------------------	-------

W5011	Rita Thong @ Nur Rita Qhaliessya	Perak Masters
-------	----------------------------------	---------------

W55 - 59

W5506	Juliana Gumpil	SAMAS
-------	----------------	-------

EVENT NO. 138: 100M (MEN 45 - 49)**M45 - 49**

M4502	Larry Andang	SAMAS
M4505	Clarence Tami	SAMAS
M4507	Zulkefli Bin Sudin	PDRM
M4509	Leong Yeng Kong	KL Ind
M4510	Rohaizi Bin Rastam	S'gor Ind
M4511	Ramis a/l K.D. Rada	KL Ind
M4512	Muhammad Asri Bin Mohamed Arof	KL Ind

M4518	Suresh a/l Ragavan	NS Ind
M4521	Thanabalan Subramaniam	KL Masters
M4525	Mohammad Nizam B Husaini	S'wak Ind
M4528	Shahrul Bin Sabtu @ Shariff	M'ca Masters
M4530	Tan Kim Tai	M'ca Masters
M4537	Subramaniam Karapayah	Perak Masters
M4516	Victor Suan	SAMAS

EVENT NO. 139: 100M (MEN 50 - 54)**M50 - 54**

M5003	Jiprin Bin Jusdi	SAMAS
M5005	Nyow Boo Keong	T'ganu Ind
M5019	Soo Chee Kiat	S'wak Ind

M5029	Ab Karim Bin Rahman	M'ca Masters
M5034	Ronald Dominic Gallyot	Perak Masters

EVENT NO. 140: 100M (MEN 55 - 59)**M55 - 59**

M5503	Maulani Bin Diman	SAMAS
M5507	Khairuddin Bin Abu Hanifah	S'gor Ind
M5512	Kamsian Long	PDRM
M5513	Zulkapli Bin Adam	PDRM
M5520	Redzuan Bin Jumat	Labuan
M5521	Suwito Bin Kardo	Labuan
M5524	Gunasaegaran a/l Narasapan	FITMA AC

M5526	Kunasegaran a/l Maniveloo	S'gor Masters
M5529	Ali Mustaffa Bin Othman	Johor Masters
M5530	Hj Mohd Hasni Bin Hussien	M'ca Masters
M5531	Ariffin Bin Harun	Perak Masters
M5538	Kumar Vairan	Perak Masters
M5544	Shaari Hashim	S'gor Ind

EVENT NO. 141: High Jump (MEN 60 and above)**M60 - 64**

M6018	Hoo Yoon Wah	KL Masters
-------	--------------	------------

M6035	Jayaraman a/l Rajamanickam	Perak Masters
-------	----------------------------	---------------

M65 - 69

M6503	Aliudin Jumaat	SAMAS
-------	----------------	-------

M6522	Choo Wai Kin	KL Masters
-------	--------------	------------

EVENT NO. 142: Javelin (MEN 60 - 69)**M60 - 65**

M6001	Dr Vasu a/l Appu	PDRM (R)
M6006	Juintin Bin Allap	SAMAS
M6015	Jayaraman Nagamuthu	FITMA AC
M6021	Chandran a/l Thangayah	S'gor Masters

M6022	Krishnasamy a/l Karuppiah	S'gor Masters
M6032	Mohd Rahim Bin Luwi	M'ca Masters
M6034	Baskaran Francis	Perak Masters

M65 - 69

M6505	Edwin E Goh	SAMAS
M6506	Tarmizi Sandhu @ Tara Singh	SAMAS
M6507	Yaw Doly Bin Yaw Lo Kong	SAMAS

M6508	William Norman Wheatley	SAMAS
M6514	Narayanan Nair a/l Sungoni Nair	NS Masters

EVENT NO. 143: Discus (WOMEN 60 - 74)**W60 - 64**

W6003	Pirin Binti Berangin	SAMAS
W6007	Loo Cheng Siew	Perak Masters

W6008	Radha a/p Karuppiah	M'ca Masters
W6009	Nur'aishah Abdullah	S'gor Masters

W65 - 69

W6505	Pushfa Ramasamy	KL Masters
-------	-----------------	------------

EVENT NO. 144: Triple Jump (WOMEN 60 - 74)**W60 - 64**

W6004	Lucy Yong	SAMAS
-------	-----------	-------

EVENT NO. 145: 100M (MEN 60 - 64)**M60 - 64**

M6007	Daim Gayam	SAMAS
M6013	Phang Ah Hing	S'gor Ind
M6016	Aplaidoo a/o Ramanayadoo	FITMA AC

M6024	Tham Siew Yen	S'gor Masters
M6034	Baskaran Francis	Perak Masters
M6044	Tan Koon Hai	S'gor Ind

EVENT NO. 146: 100M (MEN 65 and above)**M65 - 69**

M6520	Harikrishna Gopal a/l Jeyaraman	S'gor Ind
M6521	Mokhtaruddin Bin Tajuddin	S'gor Masters

M6523	Jemaain Bin Tamby	S'wak Ind
-------	-------------------	-----------

M70 - 74

M7002	Vitalis Herman	SAMAS
M7003	Uman @ Yuman Bin Sikin	SAMAS
M7004	AB Kadir Bin Abdullah	Johor Ind
M7010	Ramasamy a/l Karrupaya	NS Masters

M7011	Thanesvaran Malavarayar	KL Masters
M7014	Dato' Syed Mohammad Bin S. M.	Penang Ind
M7015	Karthigesan Rajoo	S'gor Ind

M75 - 79

M7502	Gilbert Divancy Daladin	SAMAS
M7507	Nalliah a/l Ramasamy	NS Masters

M7512	Muniandy a/l Sinniah	S'gor Masters
M7515	Abdul Razak B Zainuddin	Perak Ind

M80 - 84

M8002	Mohd Abas S. Sebastian	S'gor Masters
-------	------------------------	---------------

M90 - 94

M9001	L Pushpanathan	Perak Masters
-------	----------------	---------------

EVENT NO. 147: 400M (WOMEN 35 - 44)**W35 - 39**

W3505	Michele Tan Bee Kiang	S'gor Ind
W3507	Ana Binti Mohzan	KL Masters

W3501	Alison Chew Suk Ling	SAMAS
W3512	Juliati Huberlus	S'gor Ind

W40 - 44

W4018	Devi Subrayan	KL Masters
-------	---------------	------------

EVENT NO. 148: Javelin (MEN 70 - 79)**M70 - 74**

M7001	Pilah @ Ondog Bin Kisang	SAMAS
M7002	Vitalis Herman	SAMAS
M7008	Vimalasingam a/l V Saranamuthu	FITMA AC
M7017	Mohamed Bin Md Idrus	Pahang Mas

M7005	Ragavan a/l Kannan	FITMA AC
M7007	P Nadarajah a/l M Periyah	FITMA AC
M7019	Arumugam Kavari	Johor Masters
M7021	Wong Kou Fou	M'ca Masters

M75 - 79

M7501	Julius Jikut Komuning	Sabah Ind
-------	-----------------------	-----------

EVENT NO. 151: 400M (WOMEN 45 and above)**W45 - 49**

W4501	Sharaladevi a/p Narayanasamy	Kedah Ind
W4505	Dayang Noraini Binti Sahari	SAMAS
W4506	Emilia Binti Jamil	PDRM

W4514	Kiew Sui Hua	S'wak Ind
W4517	Gavary a/p Ramasundran	Perak Masters
W4521	Tamilslve a/p Periasamy	NS Masters

W50 - 54

W5001	N. Jayanthy a/p R. Narayanan	Kedah Ind
W5002	Margaret Petrus	SAMAS
W5003	Erine Sinuel	SAMAS

W5010	Nokalmah Sanasee	Perak Masters
W5013	Pramaswarey Sendarasegerin	Perak Masters

W55 - 59

W5517	Goh Kim Hong (Maggie)	S'gor Masters
-------	-----------------------	---------------

W5519	Meenatchi Sokalingam	S'gor Ind
-------	----------------------	-----------

W60 - 64

W6005	Wendy Soo Yuet Ping	KL Ind
W6006	Joanne Foo	Perak Masters

W6012	Sinnamah Golla-Bangaru	S'gor Masters
-------	------------------------	---------------

EVENT NO. 152: 400M (MEN 35 - 39)**M35 - 39**

M3504	Prabu a/l Ramasamy	FITMA AC
M3505	Surendran a/l Muthukerishnan	FITMA AC
M3509	Mhd Shafie Bin Sulaman	S'gor Ind
M3510	Vijayan a/l Dagavan	JETS
M3518	Andy Gregory Liadu	SAMAS
M3524	Mohd Zhafran B Mohd Rosli	NS Ind

M3525	Mohd Zulkefli Bin Mohamad	NS Ind
M3528	Yaakob Bin Idris	Penang Masters
M3530	Mohd Hamdan Bin Abdul Razak	M'ca Masters
M3532	Rasul Bin Zainal	M'ca Masters
M3533	Mohd Shukor Bin Bee	Perak Masters

EVENT NO. 153: 400M (MEN 40 - 44)**M40 - 44**

M4003	Jagathes Rau Appannan	KL Masters
M4004	Murugan a/l Perumal	KL Masters
M4007	Wilson Sunnikutty	FITMA AC

M4019	Manimaran a/l Sukumaran	S'gor Ind
M4020	Insp Roning B Mulut	PDRM
M4028	Preemadesa Peyadesa	Penang Masters

M4012	Cyril Bin Misong	SAMAS
M4013	Sreedharan a/l Kuty Krishnan	S'gor Ind
M4014	Ravikumar a/l Balakrishnan	Penang Ind

M4034	Amirruddin Bin Ishak	Perak Masters
M4035	Madhivanan a/l Thanimalai	Perak Masters
M4037	Eddey Kalai	PDRM

EVENT NO. 154: Javelin (MEN 80 and above)

M80 - 84

M8002	Mohd Abas S. Sebastian	S'gor Masters
-------	------------------------	---------------

EVENT NO. 155: 400M (MEN 45 - 49)

M45 - 49

M4501	Vengadasalam Rajangam	S'gor Ind
M4503	Teo Chen Lung	SAMAS
M4522	S. Divakaran Subramaniam	KL Masters
M4524	Vignesparan Veera Ragavan	KL Masters

M4525	Mohammad Nizam B Husaini	S'wak Ind
M4535	Savaria Xavier a/l Rayappan David	Perak Masters
M4539	Victor Selvarajah a/l Selvanayagam	Perak Masters

EVENT NO. 156: 400M (MEN 50 - 54)

M50 - 54

M5001	KT Jestin KT Mendis Appu	KL Ind
M5002	Yazid Bin Mahadi	SAMAS
M5004	Shamry Mohd Ali	SAMAS
M5005	Nyow Boo Keong	T'ganu Ind
M5009	M. Mathialagan a/l R. Manikam	NS Ind
M5013	Prabakaran Vythilingam	S'gor Masters

M5015	Supparamaniyam a/l Ramasamy	S'gor Masters
M5017	Terence Ong Cheng Soon	S'gor Ind
M5018	Zulkafili Shamsuddin	Pahang Mas
M5027	Ramesh a/l Munusamy	Penang Masters
M5036	Nagarajan a/l Ramasamy	Perak Masters

EVENT NO. 157: 400M (MEN 55 and above)

M55 - 59

M5503	Maulani Bin Diman	SAMAS
M5505	James Wong Thien Yin	SAMAS
M5507	Khairuddin Bin Abu Hanifah	S'gor Ind
M5515	N Selvakumaran Nila Megam	PDRM
M5517	Thanabalan a/l Subramaniam	JETS
M5521	Suwito Bin Kardo	Labuan

M5526	Kunasegaran a/l Maniveloo	S'gor Masters
M5532	Haridas Ramasamy	Perak Masters
M5533	Dr J Thamotharan S.Jeyaraman	Perak Masters
M5534	Rattan Singh a/l Pritam Singh	Perak Masters
M5536	Shanmuganathan a/l Ratanam	Perak Masters

M60 - 64

M6004	Sahar Bin Asmuni	PDRM (R)
M6007	Daim Gayam	SAMAS
M6009	Tajul Ariffin Bin Awang Mohd	SAMAS

M6014	Dr. Xavier Vincent Pereira	S'gor Ind
M6027	Padmanathasivan a/l Kailasam	NS Ind
M6042	Tamil Chelvam a/l Govindasamy	Perak Masters

M65 - 69

M6517	Rama Krishnan a/l Manikam	NS Masters
M6518	Tan Choon Seang	KL Masters

M6522	Choo Wai Kin	KL Masters
-------	--------------	------------

M70 - 74

M7004	AB Kadir Bin Abdullah	Johor Ind
M7010	Ramasamy a/l Karrupaya	NS Masters
M7011	Thanesvaran Malavarayar	KL Masters

M7013	Sangarankutty a/l K Ramankutty	S'gor Masters
M7014	Dato' Syed Mohammad Bin S. M.	Penang Ind
M7015	Karthigesan Rajoo	S'gor Ind

M75 - 79

M7503	Sidin Wasim	SAMAS
M7508	Vengtraman a/l Raju	NS Masters

M7512	Muniandy a/l Sinniah	S'gor Masters
M7515	Abdul Razak B Zainuddin	Perak Ind