



**TO:**

**MALAYSIAN MASTERS ATHLETIC ASSOCIATION  
(MMAA)**

**MASTER ATHLETE'S DECLARATION**

I hereby declare that I am in good health, and properly conditioned for the competition. I absolutely relieve the Malaysian Masters Athletic Association (MMAA) and such other person from taking any responsibilities for any injuries, and loss, or damage occurred to myself or my property which I may sustain in the course of or in connection with the Asia Masters Athletics Championships / World Masters Athletics Championships / World Masters Indoor Championships / any Invitational Masters Athletics Championships. I acknowledge that any action or claims by me against the safety officer in performing his duties shall not give rise to any action or claims by me against the safety officer, the organizing council and MMAA. I declare that I enter the championships with my own will for my own satisfaction.

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**Signature of participant**

**Date:** .....

**NAME** : .....

**Date of Birth** : ..... **AGE GROUP:** .....

**ADDRESS** : .....

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**Tel. no.** : .....